



**Educational
Speaker Series
February 2012 –
June 2012**

Leading healthcare professionals and clergy-- knowledgeable about depression and the vital call for spiritual hope offer educational talks each month.

February 6, 2012 — Monday, 7:00–8:30 PM

**“The Whole-Person Approach to Treating
Depression and Anxiety”**

Kim Bushman, PhD, LP, Water's Edge Counseling & Healing Center
Location: Shepherd of the Valley Lutheran Church
12650 Johnny Cake Ridge Road, Apple Valley, MN 55124
Julie Opheim — 952-432-6351

March 1, 2012 — Thursday, 7:00–8:30 PM

“Bipolar Disorder: A Life of Extremes”

Bob Bartlett, MA, Marriage and Family Specialty
Location: Prince of Peace Lutheran Church
13901 Fairview Drive, Burnsville, MN 55337
Richard Erickson — 651-788-0275

April 16, 2012 — Monday, 7:00–8:30 PM

**“Understanding & Managing
Post Traumatic Stress”**

Lisa Borneman, MSW
Location: Easter Lutheran Church by the Lake
4545 Pilot Knob Road, Eagan, MN 55122
Stacy Wollmuth — 651-452-3680

May 3, 2012 — Thursday, 7:00–8:30 PM

**“Depression in the Workplace: Navigating the
Personal & Professional Waters”**

Mark A. Meier, MSW, LICSW
Location: Mary, Mother of the Church Catholic Church
3333 Cliff Road, Burnsville, MN 55337
Jamie Maloney — 952-890-0045

June 4, 2012 — Monday, 7:00–8:30 PM

“Our Stories of Depression & Our Hope Today”

Panel Discussion
Location: All Saints Catholic Church
19795 Holyoke Ave., Lakeville, MN 55044
Deacon Jim Marschall — 952-985-9983

All are welcome.

All persons are welcome to attend, regardless of religious affiliation.

For additional information or questions, please contact
Julie Opheim at 952-432-6351 or visit:

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Discussion and Support Groups

Trained facilitators lead the discussion and support group meetings, providing information and support to those affected by depression. In this peer-to-peer venue, members relate their lived experiences and share their challenges, disappointments, and successes living with depression.

Group meetings are currently being held at:

Prince of Peace Lutheran Church

13901 Fairview Drive, Burnsville
Christian Life Center Building

For family members and loved ones of those with depression:

Tuesday evenings, 6:30 PM, Room 160
Contact: Randy Goeke at 952-240-2764

For individuals with depression:

Tuesday evenings, 6:30 PM, Room 160
or Wednesday mornings, 10:00 AM, Room 110
Contact: Richard Erickson at 651-788-0275

Additional groups will be added. Please check for the latest updates at:

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Shepherd of the Valley Lutheran Church

12650 Johnny Cake Ridge Rd., Apple Valley, MN 55124

The Depression Support Coalition is an interdenominational faith-based group of churches whose mission is to inform, educate, support, and cultivate a community of spiritual hope for those affected by depression—as well as their families. The Coalition hosts speakers to help with this mission. However, [the Coalition or the speakers] does/do not provide counseling and the individual churches do not provide counseling activities. All statements and activities of the speakers do not necessarily reflect the views of the Depression Support Coalition or their individual churches. The Coalition strictly adheres to its mission and none of these activities should be construed as counseling.



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